

You and Your New Prosthesis

Today, you were fit with your preparatory prosthesis. You were supplied with written instructions for use and care of the socks, sleeves and liners. Be sure to follow these closely.

Your prosthesis was fit today with _____ ply. You should expect that your limb will shrink, and you will need to add socks to accommodate for this volume loss.

You may not necessarily wear the same thickness of socks every day. As a new amputee, your limb will likely fluctuate in volume even throughout the day. If you feel excessive pressure on the end of your limb, it may be an indication that you need to add socks. Increase the sock ply one at a time until your limb is properly positioned in the socket.

Your wearing schedule will be as follows:

- Week 1: 3x/day for 1 hour each time
- Week 2: 3x/day for 2 hour each time
- Week 3: 3x/day for 3 hour each time
- Week 4: Wear all day.

Note: Do not progress to the next week unless you are able to wear the prosthesis for the full wearing schedule.

Be sure to keep all of your follow-up appointments.

If there are any signs of rubbing or sores, immediately stop the wearing schedule and make an appointment to be seen for a follow-up visit.

If you have any questions or concerns, please contact us at (877) 315-6118.